

CMHC PRACTICUM/INTERNSHIP SERVICE HOURS

Direct Service Hours	Indirect Service Hours
<p align="center">Case Consultation</p> <p>Working with the on-site supervisor to gain ideas, discuss any dilemmas and/or progress, and facilitate a treatment plan (this is NOT supervision).</p> <p align="center">Direct Participation in client-related activities</p> <p>Participating in client activities such as play therapy, art therapy, and associated activities, i.e., engaging in an activity with a family/couple's children while the family/couple receives counseling from another clinician.</p> <p align="center">Intakes/Interviews with clients</p> <p>Completing intakes over the telephone and/or in person</p> <p align="center">School Counseling</p> <p>Psycho-educational groups, i.e., bullying, anger management, conflict resolution, career planning</p> <p align="center">Individual Counseling</p> <p>Counseling individual clients and/or co-leading sessions with the site supervisor.</p> <p align="center">Group Counseling</p> <p>Counseling multiple clients with a specific goal and/or support as the focus (i.e., clients dealing with cancer).</p> <p align="center">Family/Couples Counseling</p> <p>Counseling families/couples and/or co-leading sessions with the site supervisor.</p> <p align="center">Testing/Assessment</p> <p>Conducting suicide risk assessments and/or various other personality and/or risk</p>	<p align="center">Supervision</p> <p>Regular weekly on-site interaction with an average of one (1) hour per week of individual and/or triadic supervision (no more than two students per supervisor constitutes triadic) throughout the 600 hours.</p> <p align="center">Faculty supervision sessions</p> <p>Internship class attendance</p> <p align="center">Research and preparation for a session with a client</p> <p>Student intern may want to learn more about a particular disorder and review treatment manuals and other technique resources in order to be better prepared to work with a client(s).</p> <p align="center">Case Notes</p> <p>The intern is to keep updated case notes on clients assigned; which includes progress notes, diagnoses, and obstacles.</p> <p align="center">Case Management</p> <p>The intern will help in the assessing of service needs, care planning, implementation of treatment plans and scheduling of clients with the site supervisor.</p> <p align="center">Creating activities for clients</p> <p>Creating activities that are original and relevant to the client and finding activities from creditable and relevant sources (i.e., Empirical tested workbooks, treatment manuals).</p>

assessments, i.e., depression inventories, etc. with a client.

Other activities

Other activities may include in-services, trainings offered by the site, staff meetings (not parties); setting up appointments, filing paperwork/forms, making telephone calls/answering telephone, and other clerical duties to provide supportive resources for the site. Assisting other clients with the completion of paperwork or forms for the site (not the intern's assigned clients).

Details of how to secure your internship site will be discussed at the Practicum/Internship orientation. All Mental Health Counseling interns are to be at a site where they can have long-term clients. The number and what constitutes long term will be determined by the CSU supervisor. You must be at a site that has an appropriate supervisor, that will allow you to tape and that is under contract with CSU.

- * Discretion of your CSU supervisor
- ** Only in COUN 6698
- *** COUN 6698 taken twice (Internship I and II)

SCHOOL PRACTICUM/INTERNSHIP SERVICE HOURS

Direct Service Hours	Indirect Service Hours
<p style="text-align: center;">Case Consultation</p> <p>Working with the on-site supervisor to gain ideas, discuss any dilemmas and/or progress, and facilitate a treatment plan (this is NOT supervision).</p> <p style="text-align: center;">Direct Participation in client-related activities</p> <p>Participating in client activities such as play therapy, art therapy, and associated activities, i.e., engaging in an activity with a family/couple's children while the family/couple receives counseling from another clinician.</p> <p style="text-align: center;">Intakes/Interviews with clients</p> <p>Completing intakes over the telephone and/or in person</p> <p style="text-align: center;">School Counseling</p> <p>Psycho-educational groups, i.e., bullying, anger management, conflict resolution, career planning</p> <p style="text-align: center;">Individual Counseling</p> <p>Counseling individual clients and/or co-leading sessions with the site supervisor.</p> <p style="text-align: center;">Group Counseling</p> <p>Counseling multiple clients with a specific goal and/or support as the focus (i.e., clients dealing with cancer).</p> <p style="text-align: center;">Family/Couples Counseling</p> <p>Counseling families/couples and/or co-leading sessions with the site supervisor.</p> <p style="text-align: center;">Testing/Assessment</p> <p>Conducting suicide risk assessments and/or various other personality and/or risk</p>	<p style="text-align: center;">Supervision</p> <p>Regular weekly on-site interaction with an average of one (1) hour per week of individual and/or triadic supervision (no more than two students per supervisor constitutes triadic) throughout the 600 hours.</p> <p style="text-align: center;">Faculty supervision sessions</p> <p>Internship class attendance</p> <p style="text-align: center;">Research and preparation for a session with a client</p> <p>Student intern may want to learn more about a particular disorder and review treatment manuals and other technique resources in order to be better prepared to work with a client(s).</p> <p style="text-align: center;">Case Notes</p> <p>The intern is to keep updated case notes on clients assigned; which includes progress notes, diagnoses, and obstacles.</p> <p style="text-align: center;">Case Management</p> <p>The intern will help in the assessing of service needs, care planning, implementation of treatment plans and scheduling of clients with the site supervisor.</p> <p style="text-align: center;">Creating activities for clients</p> <p>Creating activities that are original and relevant to the client and finding activities from creditable and relevant sources (i.e., Empirical tested workbooks, treatment manuals).</p>

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Details of how to secure your internship site will be discussed at the Practicum/Internship orientation. All School Counseling interns are to be at a site where they can work with students directly on a regular basis. You must be at a site that has an appropriate supervisor, who will allow you to record student sessions for supervision purposes and that has been approved by CQTL/CSU.